**After Hours Care**

| Note: for students with UC Student Health Insurance Plan (UC SHIP) Co-pays apply: |
| $25 for Off-site Urgent Care |
| $125 for Hospital Emergency Room |

The following facilities are available to provide medical care when the Student Health Center is closed. For more choices, check the Yellow Pages, under Clinics.

**Information is subject to change without notice.**

**Please call to verify hours.**

Please contact Insurance office after Urgent Care Visit for referral 831-459-2389 (see other side of form)

**Urgent Care**

($25 co-pay applies for UCSHIP)

**Palo Alto Medical Foundation—Westside**
1301 Mission St., Santa Cruz
(831) 458-6310  X-ray available

**Palo Alto Medical Foundation—Main**
2025 Soquel Avenue at Capitola Rd. Santa Cruz
(831) 458-5537  X-ray available

**Dignity Health/Dominica Urgent Care**
1820 41st Avenue, Suite C, Capitola, CA 95010
(831) 684.7611

**Doctors on Duty**
615 Ocean Street, Santa Cruz
(831) 425-7991  X-ray available

**Local Hospital**

($125 copay applies for UC SHIP)

**Dominican Hospital Emergency Room**
1555 Soquel Drive, Santa Cruz, CA 95065

**Nearest Kaiser Hospital:**
Watsonville Hospital, 75 Nielson St., Watsonville

**Kaiser in Santa Cruz County**
Santa Cruz – 115 Locust St, (831) 425-4101 (primary care, psychiatry)

Scotts Valley - 5615 Scotts Valley Dr. (831) 430-2740 (Urgent Care, primary care, psychiatry, specialists, laboratory, radiology, pharmacy, optometry)

Watsonville – 1931 Main St. (831) 768-6630 (primary care, psychiatry, specialists, laboratory, radiology, pharmacy, optometry)

---

**Pharmacies near UCSC**

Please call to verify hours.

**Westside Pharmacy**
1401 Mission St. (at Laurent), Santa Cruz
(831) 423-7175

**Safeway Pharmacy**
2111 Mission St., Santa Cruz
(831) 420-0785

**CVS Pharmacy (near Safeway)**
1700 Mission St. (at Olive), Santa Cruz
(831) 457-2481

**CVS Pharmacy (By Trader Joe’s downtown)**
600 Front St. (at Soquel), Santa Cruz
(831) 426-7444

**Walgreen’s Pharmacy (downtown)**
201 Front St. (at Laurel), Santa Cruz
(831) 421-9142

---

**24 Hour Nurse Advice Line**

for UCSC Students 831-459-2591

---

Detailed Directions:

1. Start go south on Bay St. toward Mission St.
2. Turn left onto Mission St.
3. Turn slight left onto CA-1 S/Cabrillo Hwy. Continue to follow CA-1 S. 3.0 miles
4. Take the Soquel Ave. exit, (# 439). 0.2 miles
5. Take the ramp toward Soquel Dr. 0.1 miles
6. Turn slight right onto Soquel Ave. 0.1 miles
7. Turn right onto Soquel Dr., Dominican is on the left.
IMPORTANT NOTE: If you feel you need emergency care, by all means, visit one of the facilities listed on the front of this document.

If you are enrolled in UC SHIP (Undergraduate or Graduate) and need non-emergency medical care, you must first go the UCSC Student Health Center (SHC) during regular business hours.

Copays for off-campus urgent and emergency care with UC SHIP:
Urgent Care: $25—Referral from UCSC SHC Insurance Office may be required.
Hospital Emergency Room: $125

If the UCSC Student Health Center is closed, or in case of emergency, a student should go to an urgent care center or an emergency room, if required for treatment. In this case, the SHC Insurance Office must be notified at (831) 459-2389 of the off-campus treatment within 24 hours, or the next day the SHC is open, in order to expedite claim processing. After-hours, emergency care, and urgent care visits are covered by UC SHIP. Follow-up care must be provided at the SHC. A written referral must be provided for continuing off campus care.

Services that are not referred by the Student Health Center are not covered.

### Mental Health Resources, Psychological Crisis or Suicidal Concern

**Monday—Friday 8am-5pm**
- Counseling & Psychological Services (CAPS) (831) 459-2628
- CAPS Psychiatry (831) 459-2628
- Student Health Center (Tuesday open 9:30am) (831) 459-2211

**After 5pm and Weekends**
- CAPS after hours Crisis Services (831) 459-2628
- Santa Cruz County Crisis Stabilization Program-Telecare (831) 600-2800

**24 Hour Assistance**
- Suicide Prevention Service (831) 458-5300 or 1-877-663-5433
- UCSC Emergency Services 911
  (Emergency response and/or transport)

**Major Crime, Death, Violent or Life-Threatening Behavior or Events**
- UCSC Emergency Services 911

**Other Community Resources**

- Monarch Services (Women’s Crisis Support/ Defensa de Mujeres) Domestic Violence Hotline 1-888-900-4232
- Alcoholism & Drug Dependency Recovery Wave [www.santacruzhealth.org/recoverywave](http://www.santacruzhealth.org/recoverywave)