

Immunization Requirements For Incoming UC Students 2011/2012

California state law requires incoming students under 19 years of age on September 17, 2011 to show proof of Hepatitis B immunity.

- Please complete and submit the on-line Hepatitis B Immunization Status Statement if you will be under 19 years old on 9/17/11.
- Students who do not submit the Hepatitis B form by October 1, 2011 will have a hold put on their enrollment for winter quarter classes.

Hepatitis B immunization compliance can be met in one of the following ways:

1. Completion of the series of 3 immunizations.
2. Having begun the series and completing it before the end of the Frosh year.
3. Proof of Hepatitis B immunity via a blood test.
4. Hepatitis B immunization is against personal beliefs.
5. Hepatitis B immunization is contraindicated for me due to a medical condition.

Read up on current immunization information.

The Student Health Center's website, <http://healthcenter.ucsc.edu/> is one source of information. The CDC site also has regularly updated information at www.cdc.gov. Consider getting immunizations over the summer.

Shot Clinics

Shot clinics are held at the Student Health Center generally during Fall orientation in September and October. Please see the Student Health Center homepage for dates & times.

Childhood Immunizations

Being able to prove you have had your childhood immunizations can be necessary for travel, for jobs, and for internships. You can get a copy of your shot records from your doctor, from your high school (in California it is on the back of your high school transcript) or from the yellow shot record book your family was given when you were very small.

The following shots are particularly important:

Meningococcal Vaccine: This shot is typically given at age 11 or 12. Persons who received their first dose at age 13 to 15 should receive a booster dose at age 16-18 years. Those who receive their first shot after age 15 do not need a booster shot.

Measles/Mumps/Rubella: This is a two shot series typically given at ages 1 and 4.

Tetanus: This shot is given every 10 years after age 12.

Tdap: This new preparation of the tetanus shot for adults protects against a disease called Pertussis or Whooping Cough. Last year in California, there was a large increase in cases of pertussis. While pertussis will not kill a college student, it can cause a cough which lasts for months and months, disrupting sleep, appetite and energy levels. All adults should receive one Tdap shot when they are due for a tetanus shot. For college students to be protected from pertussis, we recommend a Tdap even if you are not necessarily due for the tetanus booster.

Flu Shots: Typically, influenza causes 3 to 7 days of fever over 102°F and up to three weeks of excessive fatigue. For a student this can be a serious problem. Cases of influenza are more common in crowded settings like a college campus. An annual flu shot can prevent a month of serious sickness! We encourage all students to get a flu shot every year. We especially want to provide a flu shot to any student with a serious health problem like asthma or diabetes. Shot clinics will be scheduled throughout the fall. Encourage your student to be vaccinated every year!

Varicella: This shot prevents chicken pox. Originally it was recommended that young people get one shot against chicken pox. New research suggests that two shots provide improved protection. Make sure you have had your two shots. If you have had the disease chicken pox you do not need to be vaccinated.

HPV: This vaccine helps to prevent cervical cancers caused by Human Papilloma Virus (HPV). This is a three shot series recommended to women, and now for men as well, ages 11 to 26

