NOTHING RUINS A GOOD SELFIE LIKE A SNEEZE.

DON'T WANT COLD AND FLU IN YOUR PICS?

1. Wash your hands with soap and water
   It's always a perfect time to wash your hands.

2. Cover your coughs and sneezes
   Cough and sneeze into your shoulder, elbow, or a tissue.

3. Get your flu shot
   Available to students at the Student Health Center.

4. Stay home when sick
   Show your friends you care & stay home when you're sick.

Protect yourself, protect your friends, ♥ and look awesome ♥

Visit healthcenter.ucsc.edu

Photo by Ariel Waldman @ariels_photos