

**Important information if you have the Student Health Insurance Plan (UC SHIP):**

**Please read the information on the back of this document.**

**Please contact SHC Insurance office after Urgent Care Visit for referral 831-459-2389**

## After Hours Care

**Note: for students with UC Student Health Insurance Plan (UC SHIP), copays apply:**

\$25 for Off-site Urgent Care

\$125 for Hospital Emergency Room

### **Anthem Live Health Online for UC SHIP**

**Students.** For students who are away from campus or after hours or on weekends when UCSC SHC is closed—**Live Health Online** is always available. \$25 copay applies See more information on other side.

The following facilities are available to provide medical care when the Student Health Center is *closed*.

**Information is subject to change without notice.**

**Please call to verify hours.**

## Urgent Care (\$25 copay applies for UCSHIP)

### **Palo Alto Medical Foundation—Westside**

1301 Mission St., Santa Cruz

(831) 458-6310 X-ray available

### **Palo Alto Medical Foundation—Main**

2025 Soquel Avenue at Capitola Rd. Santa Cruz

(831) 458-5537 X-ray available

### **Dignity Health/Dominican Urgent Care**

1820 41<sup>st</sup> Avenue, Suite C, Capitola, CA 95010

(831) 684-7611

### **Doctors on Duty**

615 Ocean Street, Santa Cruz

(831) 425-7991 X-ray available

## Local Hospital

(\$125 copay applies for UC SHIP)

### **Dominican Hospital Emergency Room**

1555 Soquel Drive, Santa Cruz, CA 95065

**Closest ER** →

### **Nearest Kaiser Hospital:**

Watsonville Hospital, 75 Nielson St., Watsonville

(831) 724-4741

### **Nearest Kaiser Urgent Care in Santa Cruz County**

Scotts Valley - 5615 Scotts Valley Dr. (831) 430-2740

### **Check Kaiser Website for more info:**

<https://thrive.kaiserpermanente.org/care-near-you/northern-california/santacruz/locations/>

**24 Hour Nurse Advice Line  
for UCSC Students 831-459-2591**

## Pharmacies near UCSC

**Please call to verify hours.**

### **Westside Pharmacy**

1401 Mission St. (at Laurel), Santa Cruz

(831) 423-7175

### **Safeway Pharmacy**

2111 Mission St., Santa Cruz

(831) 420-0785

### **CVS Pharmacy (near Safeway)**

1700 Mission St. (at Olive), Santa Cruz

(831) 457-2481

### **CVS Pharmacy (By Trader Joe's downtown)**

600 Front St. (at Soquel), Santa Cruz

(831) 426-7444

### **Walgreen's Pharmacy (downtown)**

201 Front St. (at Laurel), Santa Cruz

(831) 421-9142

**1. Start - go south on Bay St. toward Mission St.**  
**2. Turn left onto Mission St.**  
**3. Turn slight left onto CA-1 S/Cabrillo Hwy. Continue to follow CA-1 S. 3.0 miles**  
**4. Take the Soquel Ave. exit, (# 439). 0.2 miles**  
**5. Take the ramp toward Soquel Dr. 0.1 miles**  
**6. Turn slight right onto Soquel Ave. 0.1 miles**  
**7. Turn right onto Soquel Dr., Dominican is on the left**

## Student Health Insurance (UC SHIP) Information for After Hours Care

**IMPORTANT NOTE:** If you feel you need emergency care, by all means, visit one of the facilities listed on the front of this document.

### **Anthem Live Health Online for UC SHIP Students**

For students who are away from campus, or after hours/on weekends when the UCSC Student Health Center is Closed—**Live Health Online is always available.** Appointments must be pre-arranged for psychiatry or counseling.

UC SHIP students can have an online appointment on a computer or mobile device with a covered Anthem Blue Cross doctor, counselor or psychiatrist for the *same low copay* (\$25) they would pay for an in-network outside provider. For more information go to our website: <https://healthcenter.ucsc.edu/billing-insurance/livehealthonline.html>

**If you are enrolled in UC SHIP (Undergraduate or Graduate)** and need non-emergency medical care, you must first go the UCSC Student Health Center (SHC) during regular business hours.

**If the UCSC Student Health Center is closed, or in case of emergency,** a student should go to an urgent care center or an emergency room, if required for treatment. **In this case, the SHC Insurance Office must be notified at (831) 459-2389 of the off-campus treatment within 24 hours, or the next day the SHC is open, in order to expedite claim processing.**

After-hours, emergency care, and urgent care visits are covered by UC SHIP.  
Follow-up care must be provided at the SHC. A written referral must be provided for continuing off campus care.

**Services that are not referred by the Student Health Center are not covered.**

## Mental Health Resources, Psychological Crisis or Suicidal Concern

### **Monday—Friday 8am-5pm**

Counseling & Psychological Services (CAPS)	(831) 459-2628
CAPS Psychiatry	(831) 459-2628
Student Health Center (Tuesday open 9:30am)	(831) 459-2211

### **After 5pm and Weekends**

CAPS after hours Crisis Services	(831) 459-2628
Santa Cruz County Crisis Stabilization Program-Telecare	(831) 600-2800

### **24 Hour Assistance**

Suicide Prevention Service	(831) 458-5300 or 1-877-663-5433
UCSC Emergency Services	911
(Emergency response and/or transport)	

## Major Crime, Death, Violent or Life-Threatening Behavior or Events

UCSC Emergency Services	911
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## Other Community Resources

Monarch Services (Women's Crisis Support/ Defensa de Mujeres) Domestic Violence Hotline 1-888-900-4232  
Alcoholism & Drug Dependency Recovery Wave [www.santacruzhealth.org/recoverywave](http://www.santacruzhealth.org/recoverywave)