To safeguard against COVID-19 (Coronavirus) clean and disinfect high-touch areas in your residence. Cleaning removes dirt and contaminants from surfaces while disinfecting kills germs that can make you sick. If a surface is dirty, first clean it with soap or detergent and water, then use a disinfectant product.

HIGH-TOUCH AREAS

• Doorknobs
• Table and countertop surfaces
• Hard surface chairs
• Bathroom surfaces
• Faucets and tap handles
• Toilets seats and handles
• Light switches
• TV remote controls
• Electronic devices: mobile phones, tablets, computers, game controllers

LAUNDRY

• Clean bed sheets, towels and clothes regularly.
• Prepare laundry before leaving your residence to minimize the amount of time you spend outside.
• Try to go at a time when there are fewer people.
• Maintain physical distance to other people.
• Don’t shake dirty laundry to minimize the possibility of dispersing the virus through the air.
• Launder items with soap or detergent, using the warmest appropriate water setting and dry items completely — both steps help to kill the virus.
• Fold your laundry when you return to your residence.
• Wash your hands with soap and water, or use an alcohol-based hand rub, immediately afterwards.
• Wash or disinfect your laundry bag/hamster as well. Consider storing laundry in disposable bags.