



University of California, Santa Cruz  
Student Health Services

**UCSC Pharmacy**  
**OTC PRODUCTS**  
*Over-the-Counter*

**PAIN RELIEVERS PRICES**

- Acetaminophen (*Tylenol*) tabs, 325mg \$3.00
- Aspirin, tabs EC 81mg \$3.00
- Ibuprofen (*Advil*), tabs 200mg \$3.50
- Naproxen (*Aleve*), tabs 220mg \$4.75
- Migraine Formula (*Excedrin*), tabs \$4.00

**ALLERGY, COUGH, COLD PRICES**

**Antihistamines**

- Cetirizine (*Zyrtec*), tabs 10mg \$5.50
- Diphenhydramine (*Benadryl*), 25mg \$5.50
- Loratadine (*Claritin*), tabs 10mg \$5.50
- Fexofenadine (*Allegra*), tabs 180mg \$5.50

**Decongestants**

- Zyrtec-D (*Cetirizine-D*) \$10.00
- Oxymetazoline (*Afrin*) \$3.00
- Flonase \$16.25
- Loratadine-D \$5.00
- Pseudoephedrine (*Sudafed*)  
4hr/12hr \$3.00/\$6.00

**Combo Products**

- Dayquil, Acetaminophen/DM/PE  
*Generic* \$5.00
- Nyquil, Acetaminophen/DM/AH-  
*Generic* \$5.00

**Guaifenesin (*Robitussin*)**

- Syrup DM, 100mg/10mg \$5.00
- Guaifenesin 400mg (*Mucinex*) \$5.00

**Cough Suppressants/Sore Throat**

- Delsym, 30mgDM/5mL, *generic* \$5.75
- Cepacol lozenges \$3.50
- Halls lozenges (9ct, 30ct) \$1.50/\$3.25
- Theraflu Tea 6ct \$7.50

**ANTACIDS & GI PRICES**

**Antacids, Antiflatulents**

- Generic Maalox \$3.50
- Calcium Carbonate (*Tums*) \$1.00 to 3.00
- Simethicone #100 \$3.50

**Acid Reducers**

- Omeprazole (*Prilosec*), 20mg \$13.00
- Famotidine (*Pepcid*), 10mg #30 \$4.25

**Antidiarrheals**

- Loperamide (*Imodium*) 2mg \$5.00

**Laxatives**

- Bisacodyl supp/oral tabs \$6.00/\$2.00
- Docusate Sodium (*Colace*), 100mg \$3.25
- Citrucel, *generic* \$7.00
- Miralax, *generic* \$5.00
- Senna Plus, DSS 50mg \$3.00

**Probiotics**

- Jarro-Dophilus, 120/60 ct \$33.75/20.25

**EYE, EAR, NASAL, ORAL PRICES**

- Lubricating eye drops \$6.00
- Ketotifen (*Zaditor*), eye antihist drps \$8.75
- Artificial Tears \$3.00
- Contact Lubricating Drops \$6.75
- Contact Soln \$11.75
- Neti Pot \$15.00
- Saline (Ocean) Nose Spray \$3.00
- Sinus Rinse Starter/refill packs \$11.25/\$12.25
- Debrox* generic, ears \$3.50
- Swim Ear \$4.99
- Topical Benzocaine 20% Orajel \$6.00

**VAGINAL PRODUCTS PRICES**

- Clotrimazole 3 day crm \$8.25
- Miconazole 7 day crm \$7.00
- Miconazole 3 day supp & crm \$10.00
- Boric Acid Powder/Gelatin caps \$5.00/14.50  
40ct, 1c pv hs for 7 days

**TOPICALS PRICES**

**Antifungals**

- Clotrimazole 1% Cream \$3.25
- Miconazole 2% Cream \$3.75
- Terbinafine 1% Cream (*Lamisil*) \$9.00

**Antiseptics**

- Chlorohexidine 4% \$4.75
- Double Antibiotic Oint \$8.75
- Povidone-Iodine Soln. \$4.00
- Astringent Soln. \$10.00

**Other**

- Arnica Gel \$7.00
- Benzoyl Peroxide Gel 2.5/5/10% \$5-\$17.75
- Benzoyl Peroxide Wash 5% \$8.75
- Hydrocortisone 1% Cream/Oint \$3.00/\$3.00
- Sarna Lotion \$9.50
- Generic Lice Treatment \$6.00
- Nix Lice Treatment \$18.75
- Nizoral 1% Shampoo \$20.25
- Zinc Shampoo \$11.50
- T-Gel Shampoo \$7.00
- Technu 4oz \$5.00
- Dr. Scholl's Wart Removal, 40% \$7.75
- Abreva \$22.25
- Band-Aids \$3.00-\$4.00
- Vaporub \$5.00
- Calamine Lotion \$3.00
- Vaseline \$3.50

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**HERBALS, SUPPLEMENTS, VITAMINS      PRICES**

**Allergy**

- ProOmega2000 2150mg/2cap 60ct      \$45.00  
2c qd
- ProOmega      \$25.50  
1-4 qd for atopy
- Jarro-Dophilus Probiotic 60ct      \$20.25  
1-4 caps qd for atopy

**Dermatology**

- Zinc Balance 1-2 qd for skin health 100ct      \$9.75
- Neem Seed Oil topically prn 30ml      \$12.75
- B-Right B-complex 100ct      \$18.75  
1 qd with meal

**Gastroentrololy**

- DGL Ultra 400mg 90ct      \$11.00  
GERD 20min ac/hs 3 qd
- Theracurmin, 600mg Turmeric 60ct      \$39.75  
1 qd
- Ginger 100ct      \$15.50  
1-2 bid, nausea, Fxnl GI, NTE1gm if PG
- ProOmega 60ct      \$25.50  
1-4 qd, higher in IBD
- Witch hazel Pads ( Tucks ) 40ct      \$3.00
- Jarro-Dophilus Probiotic 120ct      \$33.75  
1-4 qd, higher in IBD
- Peppermint oil      \$9.75  
1 tid ac: IBS sx. cramping
- Aloe Vera Juice, 16/32oz      \$12.00/16.50
- Liquid Antacid: Rulox 355ml      \$3.50

**Immune/ID**

- Astragalus 500mg 60ct      \$16.00  
Prevention 2 bid
- Vitamin D3, 1000IU 120ct      \$10.50
- Counter Attack 30ct      \$17.00  
Prevention 1 bid-tid
- Black Elderberry Tincture 30ml      \$12.75  
30-40 drops in water tid
- Old Indian Wild Cherry Bark Syr 236ml      \$22.75  
15ml q2h prn hacking cough
- L-Lysine, 500mg 100ct      \$7.50  
2-3 qd
- Vitamin C, 500mg 100ct      \$10.00
- Zinc/Elderberry Lozenges 15ct      \$3.50
- Mycocomprehensive Immune Support      \$22.50
- Megafood Acute Defense      \$22.00
- Emergen-C Packets/Box 50¢-\$15.00

**Musculoskeletal**

- Arnica Gel 45gm      \$7.00
- Biofreeze Gel      \$11.99
- Magnesium Citrate 140mg 90ct      \$15.00  
1-2 qd for muscle cramps
- Natural Calm Mg++255mg/pk 30pk      \$22.50  
Start 1/4pk, hot or cold H2O, increase slowly
- Theracurmin, 600mg Turmeric 60ct      \$39.75

**Neurology**

- Magnesium Citrate 140mg 90ct      \$15.00  
titrate to 600 mg qd for migraine
- Lavender Essential Oil 15ml      \$14.25  
anxiety or migraine
- Peppermint Essential Oil 15ml      \$9.75
- Tea Tree Oil      \$7.25

**OB/GYN**

- Boric Acid/Gelatin Caps, 40ct      \$5.00/14.50  
1c pv hs for 7 days
- Pregnancy Tests      \$6.00
- Phenazopyridine 97.5mg 12ct      \$3.00
- Calcium/D3 630mg/500iu 60ct      \$6.50  
PMS
- Cranberry, 400mg 120ct      \$21.00  
UTI prevention/not treatment 1bid or 2qd
- D-Mannose with CranActin 60ct      \$27.25  
2qd for UTI prevention
- Magnesium Citrate 140mg 90ct      \$15.00  
2-3 qd, PMS, dysmenorhea
- Vitamin E, 400IU 60ct      \$12.75  
mastalgia
- Vitex Berry, 250mg 60ct      \$15.00  
1-2 qd PMS/pain/breast tend, caution psychotropics, OCs

**Psychiatry**

- Ashwaghandha, 500mg 60ct      \$12.25  
1-2qhs, stress, mild anxiety, mild insomnia
- Adrenal Health, Rhodiola, Holy Basil 60ct      \$22.50  
1qam, then bid then 2bid fatigue, stress
- Bacopa 200 mg 60ct      \$25.50  
1-4 qd 2-3 divided doses, supports learning, memory, anxiety
- B-Right B-complex 100ct      \$18.75  
1 qd, neurotransmitter assistance in depression
- Chamomile Extract 30ml      \$18.00  
30-40 drops/h2o, 3 to 5 times daily anxiety
- Vitamin D3, 1000IU 120ct      \$10.50  
1-2 qd advance per levels
- Magnesium Citrate 140mg 90ct      \$15.00  
anxiety, titrate 300-600mg/d
- Natural CALM, Mg++ 255mg 30ct      \$22.50  
start ¼ to ½ packs and increase to 1 pack
- ProOmega, 60ct      \$22.50
- Wild Oats Milky Seed 30ml      \$13.25  
Tension/Fatigue 30-50 drops in H2O 3-4x/d

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- HPA Adapt 120ct \$29.25  
\*\*Need to taper-see RPh for instructions

**Sleep**

- Chamomile extract 30ml \$17.00  
For sleep 4-5 dropperful hs
- Magnesium Citrate 140m 90ct \$15.00  
qhs titrate up to effect <600mg
- Natural CALM: Mg++ 255mg 30ct \$22.50  
start ¼ to ½ packs and increase to 1 pack
- Melatonin Lozenges, 2.5mg 100ct \$8.25  
ok titrate to 5mg short term
- Sleep Reset Sachet 1 ct \$1.25  
1 sachet q night (also sold as 30ct box)
- Cortisol Manager 30ct \$18.50  
1t before bedtime- max 2 qday

**Wellness**

- Men's One/Woman's One Multivitamins \$14.25
- ProOmega,60ct \$25.50  
1-2 qd
- Vitamin D3, 1000IU 120ct \$10.50  
1-2 qd
- B-Right B-complex 1qd 100ct \$18.75
- B12 1000mcg sl/chewable 100ct \$9.00
- Calcium/D 630/500mg/2tabs 60ct \$6.50
- Ferrous Sulfate 325mg 100ct \$13.50
- Slow Release Iron 45mg 30ct \$3.00
- Gentle Iron 25mgFe++ veg caps 90ct \$13.50

- Nail Clippers \$2.25
- Q-Tips \$2.75
- Heating Pad \$16.50
- Hot/Cold Compress \$3.00
- Pill Cutter \$6.00
- Pill Day Planner \$1.50
- Thermometer \$3.50
- First Aid Kit \$1.50
- Epsom Salts \$2.00
- Contact Lens Case \$2.00
- Oral Rehydration Salts \$1.25
- Chapstick \$2.00
- Cortibalm Hydrocortisone Lip Balm \$5.25
- Bell Helmet \$20.00
- Sea Band \$8.00
- Meclizine \$4.50
- Honey Sticks 25¢ ea.
- Mueller Sport Braces and Support  
*Wrist, Ankle, Knee, Back* \$8.99-17.99

**Medicinal Teas \$6.99 for box of 16**

Breathe Easy	<i>Licorice/eucalyptus/fennel/peppermint/calendula</i>
Everyday Detox	<i>Dandelion/chicory/schisandra/lycium/licorice/ginger</i>
Ginger Aid	<i>Ginger/blackberry/stevia/lemon/myrtle</i>
Gypsy Cold Care	<i>Elder/yarrow/peppermint/hyssop/rosehip/cinnamon/ginger</i>
Nighty Night	<i>Passionflower/chamomile/linden/catnip/hop/lemon verbena</i>
Smooth Move	<i>Senna/licorice/bitter fennel/sweet orange/cinnamon bark</i>
Throat Coat	<i>Kava root/carob/sarsaparilla/cinnamon/ginger</i>

**HEALTH & BEAUTY**

**PRICES**

- AmLactin Lotion \$12.00
- Aquaphor \$6.00
- Sunscreen \$11.50-12.50
- Cetaphil Products \$4.50-19.00  
*Bar, Cream, Soap, Face Wash*
- SoftSoap \$2.00
- Shampoos & Conditioners \$5.00 and up
- Toothbrush \$1.50
- Toothpaste \$3.75
- Floss \$2.25
- Thermacare Heat pads \$7.25
- Kleenex Box/packets \$1.00/\$2.50
- 3M Ultrathon Insect Lotion, 2oz \$7.75
- Tampax/Kotex \$3.25/\$7.00
- Purell Hand Sanitizer \$3.75
- Deodorant \$1.75-3.75
- Diva Cup \$35.00
- Aloe Vera Gel \$4.25

**MISCELLANEOUS PRODUCTS**

**PRICES**

- Ear Syringe \$3.75

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