

## Tea Tree Therapy

### What is it?

Tea tree therapy suppositories are an extract of tea tree oil in a vegetable base. Tea tree oil is obtained by steam distillation of tea tree (*Melaleuca alternifolia*) leaves. Tea tree oil has antifungal properties so the suppositories are a natural alternative to vaginal yeast infections.

### How do I use it?

The 200mg suppositories are inserted intra-vaginally at night for 6 nights.

### Is it safe?

Yes, if used as directed in suppository form. It is not recommended to use concentrated tea tree oil (not in a base or diluted) directly to the vaginal walls. If you have persistent discharge or vaginal symptoms please schedule an appointment with one of our providers as there are a variety of conditions that mimic vaginal yeast infections.

If you have further questions please talk to one of the Pharmacists or schedule an appointment. We are dedicated to your health and wellbeing!!!